

## Event details

**Date of incident:** 29 September 2024

**Time of incident:** Approx 15:00hrs

**Location of incident:** Millbrook

**Route:** Wessex

**Discipline:** Track

### Event description:

It was reported that whilst in the process of manually lifting the 'Ramper' onto the rail trailer, a member assisting with the lift stepped onto the trailer causing the 'Ramper' to twist, directing the weight of the load through the IP's bicep.

The IP states that 3 persons (including the IP) were undertaking the lift at the time and that the 'Ramper' is estimated to weigh approximately 120kg.

IP states that they are able to lift their arm  $\frac{3}{4}$ 's of the way up before the pain starts. IP also states that they suffer pain when attempting to move the arm across the body (left to right at the elbow)

**Any injuries and updates on persons involved:** – Injury to bicep, further details to be provided.

### Initial causes identified:

Lifting the 'Ramper' which is estimated to weigh approximately 120kg.

### Key issues for the investigation to consider:

- What is the approved method for lifting the 'Rampers', was the 3 person lift correct?
- The weight of the 'Ramper' is to be verified, is this more than the recommended weight for lifting?
- Life saving rules – were they breached?



Photo: Hydraulic Rail Bender (Ramper) – *Illustrative purposes*

### Immediate actions taken:

- IP returned home and advised they would attend hospital
- Line Manager made aware
- Investigation has commenced

**Could this happen in another location:** Yes

**DCP:** To be confirmed

**Level of investigation:** Level 1

**IRIS Reference:** TBC